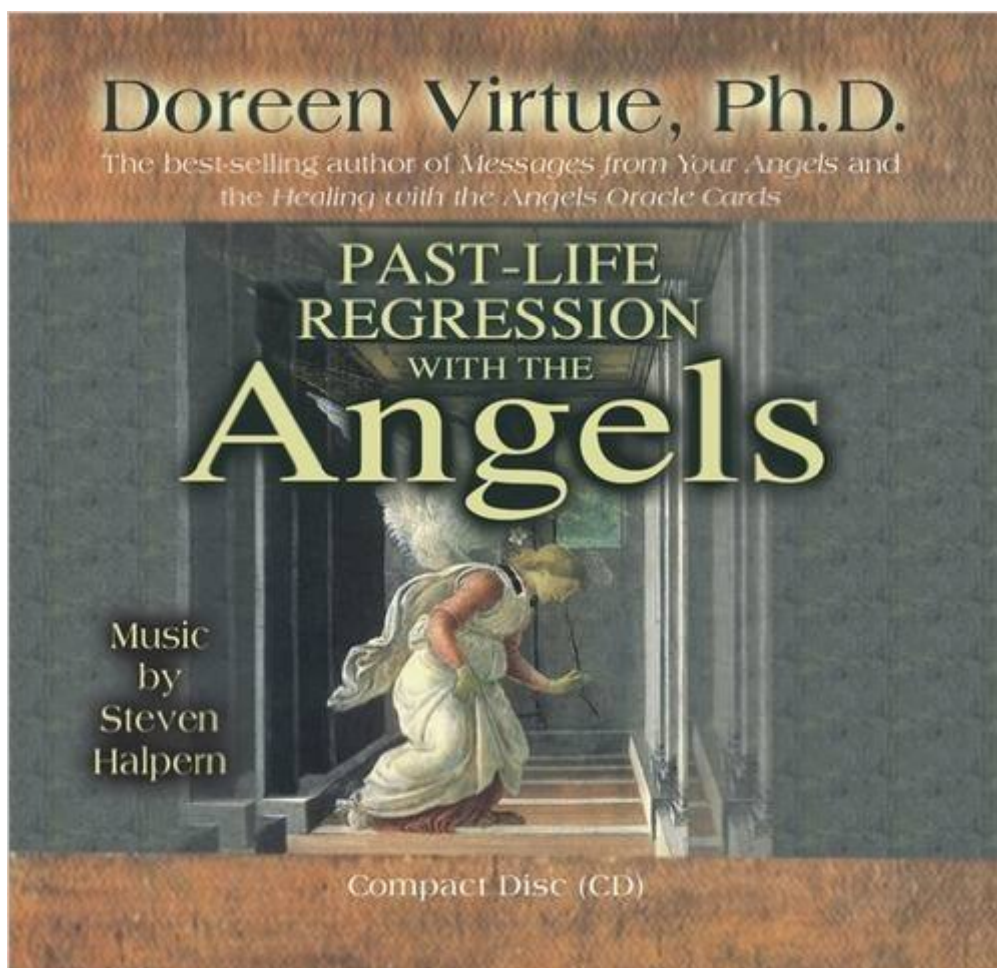


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# Past-Life Regression With The Angels



## Synopsis

Whether or not you believe in past lives, there are very real therapeutic benefits from undergoing a past-life regression session. In this enlightening audiocassette, Doreen Virtue, Ph.D., discusses how her clients have healed from phobias, addictions, and mood disorders by recalling their past lives. She also talks about how our past lives give us important clues about the Divine life purpose of our present life. Doreen reminds us that with the help of our guardian angels, we can discern important information about our past lives in a safe and gentle manner. Doreen and your angels also help you to unwind and relax so that your unconscious mind will reveal its ancient secrets. Accompanied by your angels and the beautiful music of Steven Halpern, you'll travel back in time and recover your past-life gifts.

## Book Information

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Average Customer Review: 4.5 out of 5 stars See all reviews (54 customer reviews)

Best Sellers Rank: #443,140 in Books (See Top 100 in Books) #151 in Books > Books on CD > Health, Mind & Body > Meditation #157 in Books > Books on CD > Health, Mind & Body > Relaxation & Meditation #525 in Books > Books on CD > Health, Mind & Body > Self Help

## Customer Reviews

Part 1 (19:09 minutes) (Explanation)Doreen provides introductory comments, explaining her initial experiences with Past Life Regression (PLR) and how she was initially a skeptic of reincarnation, until she had her own PLR experience. This PLR experience was conducted by a hypnotherapist friend who helped her to "see" past experiences. In turn, she was able to understand fears and concerns in her current life, and she overcame fears stemming from past lives and learned her current life's mission.Doreen notes that reincarnation was and is embraced by several religions and WAS embraced by Christian churches until 533 AD. She also mentions studies on thousands of young children which indicate remembrances of past lives. Whether you believe in reincarnation or not, many people who have experienced PLR have healed from the experience, some from just one

session. As Doreen said, does it really matter if they believe, as long as they healed from the experience? (But there sure seems to be an awful lot of "coincidences" out there if there were no past lives. I believe. Didn't use to believe, but have seen too much to NOT believe.) Doreen suggests you RELEASE UNFORGIVENESS. (EVERYTHING I am reading emphasizes the need to forgive and release. There are several reasons, but the biggest is that you cannot sustain a higher vibration unless you get rid of negative feelings. That higher vibration makes it easier to do spiritual/metaphysical "things".) Doreen also suggests that when you do this CD, you ask for help with forgiveness from the angels and that you do NOT focus on past lives or their identity. (Realistically, that's why these past lives are dormant in your subconscious. You need to concentrate on THIS life and its challenges.

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